Information sheet on your Admission

Thank you for your confidence in us.

We will do our utmost to ensure that your stay is as successful and enjoyable. We have prepared the most important information for your stay with us.

General Information

- Come in the morning on an empty stomach (no food after 24h).
 You may have a glass of clear liquids (preferably water) up to 2h before admission
- Do NOT take ANY medication on the morning of the operation without consulting us beforehand.
- Anticoagulant drugs may not be taken for 12 hours (Eliquis® and Pradaxa®) or 24 hours (Xarelto® and Lixiana®) before the operation.
 Here again, please consult us if necessary.
- Do not drive yourself on the day of the operation!
 We recommend that you drive home accompanied.
 The day after the procedure, we will perform a clinical check and an ultrasound of your heart.
- For the next 7 to 10 days, you should avoid exertion such as sport, cycling, heavy lifting, ... etc.



+41 44 999 18 88 info@swiss-ablation.com www.swiss-ablation.com

Swiss Ablation im Puls 5

Giessereistrasse 18 CH-8005 Zürich

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Prof. Dr. med. Sacha P. Salzberg Facharzt für Herz- und Thorakale Gefässchirurgie

Dr. med. Thomas Zerm

Facharzt Innere Medizin, Kardiologie Schwerpunkt Elektrophysiologie

Dr. med. Francisco Milone

Facharzt Innere Medizin, Kardiologie

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Directions

(Address: Giessereistrasse 18, 8005 Zurich).

• <u>Car:</u>

On the day of the operation, you shouldn't drive yourself. If you are brought along, there is a car park at Puls 5 where you can leave your car for a fee. We are located on the second floor.

• <u>Train</u>:

S6, S7, S9, S15, S16 to the station Hardbrücke, foot-walk (or tram 8) to our clinic, about 10 min

• <u>Tram:</u>

<u>From Zurich Main station:</u> Tram 17 to Werdhölzli until Förrlibuckstrasse, Tram 13 to Hardturm until Escher-Wyss-Platz.

From Hardbrücke station: Tram 8 to Hardturm until Schiffbau.

• Bus:

Bus 32, Bus 32, Bus 46, Bus 83 to Schiffbau. From Escher-Wyss-Platz, it's 7 minutes by foot.

Under this <u>link</u> you can find your way to us with public transportation (Address: Giessereistrasse 18, 8005 Zurich).

If you have any further questions, please do not hesitate to contact us by telephone on 044 999 18 88 or by e-mail on swiss-ablation@hin.ch.

Best Regards

Your Swiss Ablation Team